

Alameda County Behavioral Health is pleased to offer a **FREE** training:



# Suicide Assessment and Intervention

(*YOUTH Focused, 6 CEs*)

**Part 1: Tuesday, September 21, 2021 AND**

**Part 2: Thursday, September 23, 2021**

9:00 - 12:30pm (both days)

**Must attend both days to complete the training**

**Location:** Online via **ZOOM**

*(webinar link to be emailed by instructor to registered participants a few days before training date)*

**Audience:** The training is for mental health professionals or anyone in a position to work with children or adolescents experiencing a suicidal crisis. This training is reserved for Alameda County Behavioral Health, *contracted* Provider Staff and *contracted* community-based organizations (CBOs).

**Trainer:** Cris Rita, MA, Community Education Coordinator and Instructor at Crisis Support Services of Alameda County.

**Description:** The workshop uses a combination of teaching methods, including didactic work, lecture, and discussion. Participants will be encouraged to explore their own feelings toward suicide and suicidal clients. It will address common myths and perceptions about suicidal behavior. The workshop will cover suicide statistics, trauma, and suicide theory with an emphasis on Thomas Joiner's model: The interpersonal Theory of Suicide. Risk factors, warning signs, and protective factors for youth populations will be introduced. Participants will learn methods of suicide risk assessment and will be introduced to screening tools that aid in determining risk. Emphasis will be placed on how to talk about and ask about suicide with a client.

**Learning Objectives** – *at the end of the training, participants will be able to:*

1. Demonstrate competence in speaking about suicidal thoughts, behaviors and feelings to potentially suicidal children and adolescents by asking five basic questions to determine suicidality.
2. Demonstrate how to determine suicide risk for both children and adolescents by identifying five risk factors, three warning signs, and two protective factors.
3. Identify the four domains of suicide risk assessment.
4. Demonstrate competence in using lethal means counseling with at risk children, adolescents, and their families.
5. Demonstrate competence in the use of Safety Planning to reduce suicide risk by being able to list the six necessary steps in developing the safety plan.

**To complete attendance for an ACBH sponsored virtual training, ALL participants must take and achieve a score of at least 70% on the post-test(s).**

If you have a reasonable accommodation request, or grievance regarding an ACBH training, please contact the Training Unit at [Training.Unit@acgov.org](mailto:Training.Unit@acgov.org), (510) 567-8113.

## REGISTRATION:

Registration required, open until filled.

Register [here](#) for both dates

For registration help or other questions about this training, contact:

[Training.Unit@acgov.org](mailto:Training.Unit@acgov.org)

Tel. (voicemail) 510-567-8113

*When emailing, include training Date and Title in Subject Line.*

## Continuing Education

**CE credit is ONLY provided for County and ACBH contracted Provider staff.**

*This course meets the qualifications for **6 hours** of continuing education credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0622; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content.*

**Please note: in order to receive CE credit from an ACBH sponsored virtual training it is the participant's responsibility to (1) attend the full training, (2) complete an evaluation, and (3) complete a post-test with a passing score of at least 70%.**

*CE Certificates will be sent to qualifying training participants via email within 30 days after the training.*